



### Washing hands

Always remember to wash your hands before and after the application of a dressing.

Please use your recommended dressing technique according to infection control guidelines.

Disclaimer: These are general guidelines, please check local treatment recommendations applicable in your country or healthcare institution.



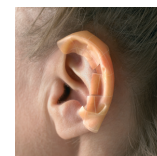
Ears



For wounds caused where oxygen tubing rubs on the ears, cut half way into a Comfeel® Plus Transparent (the piece should be approx 2 x 3 cm), anchor to the flat of the head with the uncut half, and then put the other two sections around the ear. These can also be adapted for the nasal region.



Ears



Use a Comfeel® Plus Transparent (5x7cm), cut into a strip, fold in half lengthways, then cut a 'fringe' along one edge (the cuts should be approximately 0.5 cm apart). Apply the uncut edge of the dressing first, and use the cut edges to fold around the shape of the ear. If the wound is wet, use a small piece of alginate underneath.



Ears



Use a Biatain® Non-Adhesive or a Biatain® Soft-Hold dressing for this kind of wound. Cut the dressing in order to fit the size of the ear. Chose a suitable secondary dressing to keep the dressing in place.



Elbows



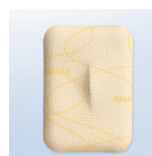
Use a Biatain® Silicone Lite or a Biatain® Adhesive. Cut two small slits in the dressing and apply it, mould the slit around the elbow. Remember to apply the dressing with the patient bending the arm in a 90° angle.



Hands



For margin of hand, use a Biatain® Silicone Lite or a Biatain Adhesive. Cut one slit towards the edge of the dressing. Apply over the first or fifth digit (as appropriate). To anchor the dressing mould the remaining dressing to the hand.



Fingers



For wounds between the fingers cut a Biatain® Non-Adhesive and slide onto the finger. Use a secondary dressing to secure the foam dressing.



Fingers



For small wounds on and between fingers, a Comfeel® Plus or Comfeel® Plus Transparent can easily be cut into small strips to fit the wound. A Biatain® Silicone Lite can also be used.



Fingers



For multiple digits use a Comfeel® Plus or Comfeel® Plus Transparent.



Heels



There is a variety of different Biatain® heel dressings available, consider which of these shapes is best for your patient.



Axilla



A Biatain® heel dressing may be a good solution for dressing the axilla area. Keep the direction of fluid in mind and apply the largest part of the dressing as illustrated on the photo.



Peristoma wounds



When the wound is close to an ostomy, care needs to be taken when deciding whether to apply the stoma base plate on top or underneath the dressing.



Sacral



There is a variety of different sacral dressings available, consider which of these shapes is best for your patient's bottom. If the wound is wet, use e.g. a Biatain® Sacral and/or a Biatain® Alginate (the alginate dressing requires a secondary dressing).



Bunion



Use a Biatain® Non-Adhesive for the hallux toe and for interdigital ulcers, secure with a secondary dressing.



Toes



Cut a Biatain® Non-Adhesive dressing and use it for interdigital wounds. The dressing must be secured with a secondary dressing.



Toes



Use a Biatain® Non-Adhesive for the tip of the toes and for interdigital ulcers, secure with tubular gauze.



Toes



Cut a "bow-tie" shaped thin Comfeel® Plus Transparent. Use the thinnest dressing possible considering footwear. A Biatain® Non-Adhesive with separate fixation can sometimes work better than an adhesive dressing due to the pressures applied to the feet on walking.



Toes



For wet wounds use a Biatain® Non-Adhesive foam dressing. Additional fixation is required.

## Biatain®

### General notes

Disclaimer: These are general guidelines, please check local treatment recommendations applicable in your country or healthcare institution.

- Always check the cause of the wound
- Follow your local infection control guidelines to prevent cross infection. In case of bacterial infection or fungal use a silver dressing
- Please make sure to use a pair of sharp clean scissors
- Always remember to cut across the peel back, otherwise the backing paper will be difficult to remove.
- When cutting dressings always round off the edges for better adhesion
- For adhesive dressings keep the backing film as a template for next application on your patient. For non-adhesive dressings draw a template on the pouch
- Always take care of the surrounding skin. Use of skin protection is recommended
- Most manufacturers recommend placing the dressing over the centre of the wound. Consider the effect of gravity and apply the dressing to account for the direction of fluid drainage.
- Do not apply dressings with tension as this may cause blistering
- Although some dressings might provide padding and reduction in friction, they do not relieve pressure
- For all joints, the principles of application are similar. Examples given here on heels, elbows and knees may be used on any of these joints

## Selection of wound care products

### Biatain Silicone (standard)

Size (cm)	Productcode
7.5 x 7.5	33434
10 x 10	33435
12.5 x 12.5	33436
15 x 15	33437
17.5 x 17.5	33438

### Biatain Silicone Lite

Size (cm)	Productcode
7.5 x 7.5	33444
10 x 10	33445
12.5 x 12.5	33446

### Biatain Non-Adhesive

Size (cm)	Productcode
5 x 8 Cavity	3451
5 x 7	6105
10 x 10	3410
10 x 20	3412
15 x 15	3413
20 x 20	3416

### Biatain Soft-hold

Size (cm)	Productcode
5 x 7	3473
10 x 10	3470
10 x 20	3472
15 x 15	3475

### Biatain Adhesive

Size (cm)	Productcode
10 x 10	3430
12.5 x 12.5	3420
15 x 15	3421
18 x 18	3423
18 x 28	3426
7.5 x 7.5	3462

### Biatain Adhesive (special shapes)

Size (cm)	Productcode
17 x 17 Sacral	3483
23 x 23 Sacral	3485
Ø 17 Contour	3486
19 x 20 Heel	3488

### Biatain Ibu Non-Adhesive/Soft-hold

Size (cm)	Productcode
5 x 7 Non-Adhesive	4105
10 x 10 Non-Adhesive	4110
10 x 20 Non-Adhesive	4112
15 x 15 Non-Adhesive	4115
20 x 20 Non-Adhesive	4120
10 x 10 Soft-Hold	4140
10 x 20 Soft-Hold	4142

### Biatain Silicone Ag

Size (cm)	Productcode
7.5 x 7.5	39636
10 x 10	39637
12.5 x 12.5	39638

### Biatain Ag Non-Adhesive

Size (cm)	Productcode
5 x 7	5105
5 x 8 Cavity	9628
10 x 10	9622
10 x 20	9623
15 x 15	9625
20 x 20	9626

### Biatain Ag Adhesive

Size (cm)	Productcode
7.5 x 7.5	9631
12.5 x 12.5	9632
15 x 15	3464
18 x 18	9635

### Biatain Ag Adhesive (special shapes)

Size (cm)	Productcode
23 x 23 Sacral	9641
19 x 20 Heel	9643

### Comfeel Plus

Size (cm)	Productcode
4 x 6	3146
10 x 10	3110
15 x 15	3115
20 x 20	3120
5 x 25	3548
18 x 20 Sacral	3285
6 x 8 Contour	3280
9 x 11 Contour	3283
Ø 17 Pressure relieving	3350
Ø 10 Pressure relieving	3353
Ø 15 Pressure relieving	3356

### Comfeel Plus Transparent Dressing

Size (cm)	Productcode
5 x 7	3530
10 x 10	3533
9 x 14	3536
15 x 15	3539
15 x 20	3542
20 x 20	3545
5 x 25	3548

Please contact Coloplast for further information on the wound care portfolio.

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Biatain®

## Application and cutting guide

A pocket guide



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“This guide is an aid to the practical application of dressings, however, dressings are only one component of holistic patient-centred wound management”

Faculty Panel

Biatain®

### A patient-centred approach to wound management

This application and cutting guide has been developed by specialists who in their daily work as clinicians are dealing with difficult-to-dress wounds.

The application of a dressing should form part of a holistic wound management plan with patient-centred goals. One important goal may be to facilitate faster wound healing by providing the optimal environment for healing to proceed. However, it is necessary to look at the whole patient, the underlying cause, and patient-related concerns before looking at the wound itself.<sup>1</sup>

Patient-centred concerns are important to keep in mind as individuals with chronic wounds not only have to deal with having a wound, they also have to face the unfulfilled expectations of healing and its consequences, e.g. odour, leakage, maceration, pain, infection, or social isolation.

Despite the availability of a huge range of wound care dressings and education in the area of tissue viability, some wounds remain a challenge to dress in practice.<sup>2</sup>

If you have any questions or suggestions to shapes not listed in this guide, please contact your local Coloplast office.

**References:** 1. Sibbald, R.G. et al, Preparing the Wound Bed 2003: Focus on infection and inflammation, Ostomy/Wound Management, November 2003, Vol. 49 (11): 24-51. 2. Fletcher, J. A practical approach to dressing wounds in difficult positions. British Journal of Nursing, 1999, Vol. 8 (12): 779-786.